

Clinical Updates in Diabetes: Train the Trainer

Empowering healthcare professionals to strengthen diabetes care across Zimbabwe.

Harare · 9–10 November 2026 · Hyatt Regency Harare

Bulawayo · 12–13 November 2026 · Holiday Inn Bulawayo Ascot Centre

Both programs follow the same two-day agenda.

Day One

FOUNDATIONS, COMPLICATIONS AND MANAGEMENT OF TYPE 2 DIABETES

TIME	SESSION	FACULTY
07h45–08h45	REGISTRATION	
08h45–09h00	Introduction and Welcome	Course Directors
09h00–09h30	The Diabetes Landscape: Epidemiology, Burden and Trends	Joel A. Dave, MBChB (UCT), PhD (UCT), FCP (SA), Cert Endocrinology (SA), FRCP (London)
09h30–10h00	Understanding Diabetes: From Pathophysiology to Clinical Phenotype	Martin J. Abrahamson, MD, FACP, FRCP (London)
10h00–10h30	Beyond Glycaemia: The Complications of Diabetes	Joel A. Dave, MBChB (UCT), PhD (UCT), FCP (SA), Cert Endocrinology (SA), FRCP (London)
10h30–11h00	TEA	
11h00–11h30	Food, Fuel and Freedom: Mastering Diet and Carbohydrate Counting	Thandeka A. Sibanda, BSc
11h30–12h00	The Trials That Have Defined Type 2 Diabetes Care	Martin J. Abrahamson, MD, FACP, FRCP (London)
12h00–12h30	Management of Type 2 Diabetes in 2026: What to Use, When and Why	Trust Zaranyika, MBChB (Hons), MPH, FCP(SA), Cert in Endocrinology & Diabetes (RCP-UK)
12h30–13h30	LUNCH	
13h30–14h00	Protecting the Heart in Diabetes	Moris Chiwanza, MBChB(UZ), MMed Medicine(UZ)* Nickson Mukapa, MBChB (UZ), MMed Medicine (UZ), Fellow (ECSAC)**
14h00–14h30	Smart Testing: Getting the Most from Cost-Effective Investigations	Trust Zaranyika, MBChB (Hons), MPH, FCP(SA), Cert in Endocrinology & Diabetes (RCP-UK)
14h30–15h30	Meet the Professor Session: Case-Based Discussion	Martin J. Abrahamson, MD, FACP, FRCP (London) Joel A. Dave, MBChB (UCT), PhD (UCT), FCP (SA), Cert Endocrinology (SA), FRCP (London) Trust Zaranyika, MBChB (Hons), MPH, FCP(SA), Cert in Endocrinology & Diabetes (RCP-UK)
15h30–15h45	Q & A	All Faculty

*PRESENTING IN HARARE
 ** PRESENTING IN BULAWAYO

Day Two

COMPLICATIONS, TECHNOLOGY AND SPECIAL POPULATIONS

TIME	SESSION	FACULTY
08h00–09h00	REGISTRATION	
09h00–09h30	Protecting the Kidneys: Modern Management of Diabetic Kidney Disease	Nicola Wearne, BMedSci (USyd), MBChB (Usyd), FCP (SA), Cert Nephrology (SA)- PhD (UCT)
09h30–10h00	Feet First: Practical Assessment of the Diabetic Foot	Nadia Dembskey, B Tech. Pod. (SA), M Tech. Pod. (SA), MSc Pod. Surg. Candidate (GCU; QMU)
10h00–10h30	Preventing an Amputation: Practical Diabetic Foot Care	Nadia Dembskey, B Tech. Pod. (SA), M Tech. Pod. (SA), MSc Pod. Surg. Candidate (GCU; QMU)
10h30–11h00	TEA	
11h00–11h30	When Diabetes Becomes an Emergency: Recognition and Rapid Management	Joel A. Dave, MBChB (UCT), PhD (UCT), FCP (SA), Cert Endocrinology (SA), FRCP (London)
11h30–12h00	Making Technology Work for People with Diabetes	Martin J. Abrahamson, MD, FACP, FRCP (London)
12h00–12h30	Type 1 Diabetes: From Insulin Replacement to Precision Management	Joel A. Dave, MBChB (UCT), PhD (UCT), FCP (SA), Cert Endocrinology (SA), FRCP (London)
12h30–13h30	LUNCH	
13h30–14h00	Two People, One Plan: Managing Diabetes in Pregnancy	Trust Zaranyika, MBChB (Hons), MPH, FCP(SA), Cert in Endocrinology & Diabetes (RCP-UK)
14h00–15h00	Meet the Professor Session: Case-Based Discussion	Martin J. Abrahamson, MD, FACP, FRCP (London) Nicola Wearne, BMedSci (USyd), MBChB (Usyd), FCP (SA), Cert Nephrology (SA)- PhD (UCT) Joel A. Dave, MBChB (UCT), PhD (UCT), FCP (SA), Cert Endocrinology (SA), FRCP (London)
15h00–15h30	Q & A	All Faculty

Agenda is subject to change.
Updated September 29, 2026