

Clinical Updates in Diabetes: Train the Trainer

Empowering healthcare professionals to strengthen diabetes care across Zimbabwe.

Harare · 9–10 November 2026 · Hyatt Regency Harare

Bulawayo · 12–13 November 2026 · Holiday Inn Bulawayo Ascot Centre

Both programs follow the same two-day agenda.

Day One

FOUNDATIONS, COMPLICATIONS AND MANAGEMENT OF TYPE 2 DIABETES

TIME	SESSION	FACULTY
07h45–08h45	REGISTRATION AND BREAKFAST	
08h45–09h00	Introduction and Welcome	Course Directors
09h00–09h30	Epidemiology of Diabetes: A Burgeoning Epidemic	Joel A. Dave, MBChB (UCT), PhD (UCT), FCP (SA), Cert Endocrinology (SA), FRCP (London)
09h30–10h00	Pathophysiology of Type 2 Diabetes	Martin J. Abrahamson, MD, FACP, FRCP (London)
10h00–10h30	Understanding the Complications of Diabetes	Joel A. Dave, MBChB (UCT), PhD (UCT), FCP (SA), Cert Endocrinology (SA), FRCP (London)
10h30–11h00	TEA	
11h00–11h30	Optimizing Nutrition: Diet and Carbohydrate Counting	Thandeka A. Sibanda, BSc
11h30–12h00	Landmark Studies in T2DM	Martin J. Abrahamson, MD, FACP, FRCP (London)
12h00–12h30	Management of T2DM: An Update	Trust Zaranyika, MBChB (Hons), MPH, FCP(SA), Cert in Endocrinology & Diabetes (RCP-UK)
12h30–13h30	LUNCH	
13h30–14h00	Optimizing CV Health in People with T2DM	Moris Chiwanza, MBChB(UZ), MMed Medicine(UZ)* Nickerson Mukapa, MBChB (UZ), MMed Medicine (UZ), Fellow (ECSAC)**
14h00–14h30	Cost-Effective Investigations	Trust Zaranyika, MBChB (Hons), MPH, FCP(SA), Cert in Endocrinology & Diabetes (RCP-UK)
14h30–15h30	Meet the Professor Session: Case-Based Discussion	Martin J. Abrahamson, MD, FACP, FRCP (London) Joel A. Dave, MBChB (UCT), PhD (UCT), FCP (SA), Cert Endocrinology (SA), FRCP (London) Trust Zaranyika, MBChB (Hons), MPH, FCP(SA), Cert in Endocrinology & Diabetes (RCP-UK)
15h30–15h45	TEA	
15h45–16h15	Q & A	All Faculty

*PRESENTING IN HARARE

** PRESENTING IN BULAWAYO

Day Two

COMPLICATIONS, TECHNOLOGY AND SPECIAL POPULATIONS

TIME	SESSION	FACULTY
08h00–09h00	BREAKFAST	
09h00–09h30	Management of Diabetic Kidney Disease: An Update	Nicola Wearne, BMedSci (USyd), MBChB (Usyd), FCP (SA), Cert Nephrology (SA)- PhD (UCT)
09h30–10h00	The Diabetic Foot – Part I	Nadia Dembskey
10h00–10h30	The Diabetic Foot – Part II	Nadia Dembskey
10h30–11h00	TEA	
11h00–11h30	Diabetes Emergencies	Joel A. Dave, MBChB (UCT), PhD (UCT), FCP (SA), Cert Endocrinology (SA), FRCP (London)
11h30–12h00	Diabetes Technology and the Potential Transformation of Care	Martin J. Abrahamson, MD, FACP, FRCP (London)
12h00–12h30	Pharmacologic Management of T1DM	Joel A. Dave, MBChB (UCT), PhD (UCT), FCP (SA), Cert Endocrinology (SA), FRCP (London)
12h30–13h30	LUNCH	
13h30–14h00	Managing Diabetes in Pregnancy	Trust Zaranyika, MBChB (Hons), MPH, FCP(SA), Cert in Endocrinology & Diabetes (RCP-UK)
14h00–15h00	Meet the Professor Session: Case-Based Discussion	Martin J. Abrahamson, MD, FACP, FRCP (London) Nicola Wearne, BMedSci (USyd), MBChB (Usyd), FCP (SA), Cert Nephrology (SA)- PhD (UCT) Joel A. Dave, MBChB (UCT), PhD (UCT), FCP (SA), Cert Endocrinology (SA), FRCP (London)
15h00–15h45	Q & A	All Faculty
15h45–16h00	Closing Comments	Course Directors

Agenda is subject to change.

Updated August 25, 2026